

Bethlehem Harvest Product List

January, 2012

Bethlehem Harvest
Bulk Discount Price

Item #	Product	Quantity	Unit	Bethlehem Harvest Bulk Discount Price
Baking Supplies				
RF22121	Arrowroot Powder, Bob's Red Mill	4	20 oz pkgs	\$26.23
BH22121	Arrowroot Powder, Bob's Red Mill	1	20 oz pkg	\$6.90
RF19581	Baking Powder No Alum, Bob's Red Mill	4	16 oz pkgs	\$15.30
BH19581	Baking Powder No Alum, Bob's Red Mill	1	16 oz pkgs	\$4.03
RF34312	Cream of Tartar, Frontier	1	lb	\$10.23
RF21108	Nutiva Coconut Oil (org)	1	29 oz	\$20.48
RF21109	Nutiva Coconut Oil (org)	1	54 oz	\$35.46
RF42615	Nutiva Coconut Oil (org)	1	Gallon	\$82.15
RF00796	Aunt Patty's Ex Virg Coconut Oil (org)	1	Gallon	\$68.35
RF36998	Coconut, Unswt, Shred, Bob's Red Mill	4	12oz pkgs	\$14.30
BH36998	Coconut, Unswt, Shred, Bob's Red Mill	1	12 oz pkg	\$3.76
RF03612	Cocoa Dutch Powder, Frontier (org)	1	lb	\$13.35
RF34098	Extract, Vanilla (Frontier)	1	8 oz	\$19.39
RF34062	Flavoring, Vanilla (Org) (Frontier)	1	2 oz	\$5.92
RF34065	Flavoring, Vanilla (Org) (Frontier)	1	4 oz	\$10.65
RF34086	Flavoring, Maple (Frontier)	1	2 oz	\$4.40
RF34083	Flavoring, Coffee (Frontier)	1	2 oz	\$4.67
RF06323	Liquid Lecithin (Fearn)	12	16 oz bottles	\$60.65
BH06323	Liquid Lecithin (Fearn)	1	16 oz bottle	\$5.05
KR857220	Vegalene	6	21 oz cans	\$67.83
BH857220	Vegalene	1	21 oz cans	\$11.90
RF19572	Sea Salt, Redmond's Real Salt	25	lbs	\$63.43
RF19570	Sea Salt, Redmond's Real Salt	12	26 oz pouches	\$75.36
BH19570	Sea Salt, Redmond's Real Salt	1	26 oz pouch	\$6.61
RF22704	Sea Salt, Garlic, Redmond's Real Salt	1	8.25oz	\$6.48
RF04483	Herbamare herb/salt blend (org)	1	8.8 oz	\$7.49
RF19547	Vital Wheat Gluten, Bob's Red Mill	4	20 oz pkgs	\$26.56
BH19547	Vital Wheat Gluten, Bob's Red Mill	1	20 oz pkgs	6.99
KR860900	Dough Enhancer, Kitchen Resource	6	1 lb pkgs	\$41.23
BH860900B	Dough Enhancer, Kitchen Resource	1	lb	\$7.23
KR802018B	Instant Yeast, SAF	20	1 lb pkgs	\$98.42
BH802018B	Instant Yeast, SAF	1	1 lb pkgs	\$5.18
BH002021	Carl Griffith's 1847 Sourdough Starter	1	1 oz jar	\$1.00
Sweetners				
RF62047	Madhava Amber Agave Nectar (org)	6	46 oz	\$66.41
BH62047	Madhava Amber Agave Nectar (org)	1	46 oz	\$11.65
RF33166	Molasses, Blkstrp, Whls Swtrs (org)	12	32 oz	\$108.66
BH33166	Molasses, Blkstrp, Whls Swtrs (org)	1	32 oz	\$9.53
RF01424	Demerara Turbinado, Whlsm Swtnrs	25	lbs	\$58.92
BH01424	Demerara Turbinado, Whlsm Swtnrs (rpk)	5	lbs	\$6.20
WB2002	Honey, unfiltered local - gal	1	Gal	\$31.00
WB2003	Honey, unfiltered local - quart	1	Quart	\$12.00
RF32802	Maple Syrup Dark B, Spring Tree (org)	1	32 oz	\$27.80
RF33123	Sucanat, Whlsm Swtnrs (org)	12	2 lb pkgs	\$97.06
BH33123	Sucanat, Whlsm Swtnrs (org)	1	2 lb pkg.	\$8.51
RF05247	Sugar, Raw (org)	50	lbs	\$95.37
BH05247	Sugar, Raw (org) (rpk)	5	lbs	\$9.54

Sweetleaf Stevia Extract - Wisdom Herbs

RF50947	Stevia, Clear Liquid*	4 oz	\$19.95
RF50785	Stevia Liquid, Various Flavors*	2 oz	\$11.97

FLOURS

RF00169	Coconut Flour, Bob's Red Mill	25 lbs	\$92.32
RF04016	Corn Meal Yellow, Heartland Mills (org)	25 lbs	\$22.70
RF19487	Corn Meal, Bob's Red Mill	4 24 oz	\$10.13
RF00636	Sorghum Flour, Bob's Red Mill	25 lbs	\$33.08
RF02396	Spelt Flour Whl Grain, Vitaspelt (org)	25 lbs	\$38.60
RF20194	Tapioca Flour, Bob's Red Mill	4 16 oz pkgs	\$15.12
RF00427	Whl Wt Pastry Flour, Mnt Mama (org)	25 lbs	\$24.19
RF00494	Wheat Flour, Prairie Gold (chem free)	50 lbs	\$38.85

Whole Grains

RF00502	Amaranth Grain (org)*	25 lbs	\$50.10
BH00502	Amaranth Grain (org) (rpk)	5 lbs	\$10.55
RF00504	Barley hull less (org)	25 lbs	\$34.79
BH00504	Barley hull less (org) (rpk)	5 lbs	\$7.32
RF00517	Buckwheat Groats (org)	25 lbs	\$54.16
BH00517	Buckwheat Groats (org) (rpk)	5 lbs	\$11.40
RF00530	Corn, Yellow, Giustos (org)	25 lbs	\$28.10
RF00550	Popcorn Yellow (org)	25 lbs	\$33.04
BH00550	Popcorn Yellow (org) (rpk)	5 lbs	\$6.96
RF00518	Kamut Berries (org)	25 lbs	\$42.20
BH00518	Kamut Berries (org) (rpk)	5 lbs	\$8.88
RF00532	Millet hulled (org)	25 lbs	\$30.26
BH00532	Millet hulled (org) (rpk)	5 lbs	\$6.37
RF00215	Oat whole groats (org)	25 lbs	\$29.91
BH00215	Oat whole groats (org) (rpk)	5 lbs	\$6.30
RF01564	Lundberg Rice Basmati Brown	25 lbs	\$36.81
BH01564	Lundberg Rice Basmati Brown (rpk)	5 lbs	\$7.75
RF01556	Lundberg Rice Brown Long (org)	25 lbs	\$44.58
BH01556	Lundberg Rice Brown Long (org) (rpk)	5 lbs	\$9.39
RF01587	Lundberg Rice Wild Blend	25 lbs	\$83.50
BH01587	Lundberg Rice Wild Blend (rpk)	5 lbs	\$17.58
RF01553	Lundberg Short Grain Brown Rice (org)	25 lbs	\$44.58
BH01553	Lundberg Short Grain Brown Rice (org) (rpk)	5 lbs	\$9.39
RF01565	Lundberg Arborio White Rice	25 lbs	\$60.63
RF00552	Quinoa (org)	25 lbs	\$86.17
BH00552	Quinoa (org) (rpk)	5 lbs	\$18.14
RF02356	Rye Berries (org)	50 lbs	\$40.96
BH02356	Rye Berries (org) (rpk)	5 lbs	\$4.31
RF00433	Spelt Berries (org)	25 lbs	\$39.69
BH00433	Spelt Berries (org) (rpk)	5 lbs	\$8.36
RF00492	Bronze Chief Wheat Berries (chem free)	25 lbs	\$18.81
BH00492	Bronze Chief Wheat Berries (rpk)	5 lbs	\$4.24
RF00493	Prairie Gold Wheat Berries (chem free)	25 lbs	\$18.81
BH00493	Prairie Gold Wheat Berries (rpk)	5 lbs	\$4.24
RF00566	Organic White Wheat Berries (org)	50 lbs	\$44.91
BH00566	Organic White Wheat Berries (org)	5 lbs	\$5.07
WM00423	Wheat Montana Soft Wheat Berries Pastry (org)	50 lbs	\$79.14
BH00423	Wheat Montana Soft Wheat Berries Pastry (org) (rpk)	5 lbs	\$8.33
BH23232	Whole Grain Pastry Blend (wht,oat,splt,kmt,brly)	5 lbs	\$7.46

Processed Grains

RF00195	Wheat Germ Raw	5 lbs	12.86
BH00195	Wheat Germ Raw	2.5 lbs	6.77
RF04030	Heartland Mills Wheat Bran	25 lbs	16.86
BH04030	Hrtlnd Mills Wht Bran (rpk)	5 lbs	5.07
RF00521	Wheat Bulgur (org)	25 lbs	47.60
BH00521	Wheat Bulgur (org) (rpk)	5 lbs	10.02
RF00540	Oats Rolled Thick (org)	50 lbs	\$63.16
BH00540	Oats Rolled Thick (org) (rpk)	5 lbs	\$6.65
RF00584	Oats Rolled Regular (org)	50 lbs	\$63.16
RF00585	Oats Rolled Regular (org)	25 lbs	\$33.02
BH00585	Oats Rolled Regular (org)(rpk)	5 lbs	\$6.65
RF00543	Oats Steel Cut (org)	25 lbs	29.91
BH00543	Oats Steel Cut (org) (rpk)	5 lbs	6.30
RF29057	BRM Gluten Free Oats	4 32 oz pkgs	27.07
RF00514	Oat Bran Fine (org)	50 lbs	\$95.97
BH00514	Oat Bran Fine (org) (rpk)	4.5 lbs	\$9.09
WM0002	Wheat Montana 7 Grain Rolled Cereal	50 lbs	\$101.08
BH0002	Wheat Montana 7 Grain Rolled Cereal (rpk)	5 lbs	\$10.64
RF02276	Guistos Nine Grain Cereal (org)	50 lbs	\$50.47
BH02276	Guisto's 9 Grain Cereal (org) (rpk)	5 lbs	\$5.31

Beans

RF00070	Black Beans (org)	25 lbs	\$40.38
BH00070	Black Beans (org) (rpk)	5 lbs	\$8.50
RF00072	Blackeyed Peas (org)	25 lbs	\$45.29
BH00072	Blackeyed Peas (org) (rpk)	5 lbs	\$9.53
RF00024	Cannellini Beans (org)	25 lbs	\$52.43
BH00024	Cannellini Beans (org) (rpk)	5 lbs	\$11.04
RF00015	Garbanzo Beans (org)	25 lbs	\$53.52
BH00015	Garbanzo Beans (org) (rpk)	5 lbs	\$11.27
RF00059	Kidney Beans, Small Red (org)	25 lbs	\$41.68
BH00059	Kidney Beans, Small Red (org) (rpk)	5 lbs	\$8.78
RF00025	Kidney Beans, Standard (org) SALE PRICE!!!	25 lbs	\$39.57
RF00031	Lentils (org) (rpk)	25 lbs	\$44.10
BH00031	Lentils (org) (rpk)	5 lbs	\$9.28
RF00063	Navy Beans, Small White (org)	25 lbs	\$40.84
BH00063	Navy Beans, Small White (org) (rpk)	5 lbs	\$8.60
RF00023	Peas Green Split (org)	25 lbs	\$31.24
BH00023	Peas Green Split (org) (rpk)	5 lbs	\$6.58
RF00054	Pinto Beans (org)	25 lbs	\$38.22
BH00054	Pinto Beans (org) (rpk)	5 lbs	\$8.05
BH1234	Organic 5 Bean Blend (rpk) bb,bep,nb,srk,pb	5 lbs	\$8.69

Dried Fruit

RF03201	Banana Chips (unsweetened)	13 lbs	\$35.46
RF03215	Cranberries Sweet	5 lbs	\$22.12
RF03247	Dates Pieces packed in oat flour (org)	5 lbs	\$21.64
RF03112	Mango (org)	5 lbs	\$45.31
RF03117	Pineapple Rings (org)	5 lbs	\$65.45
RF03098	Plums (org)	5 lbs	\$39.55
RF03303	Raisins Thompson (org)	5 lbs	\$14.54
RF03302	Raisins Thompson (org)	30 lbs	\$73.92

Seeds

RF34105	Caraway Seed whole, Frontier	1 lb	\$4.81
RF34106	Cardamon Seeds, Ground, Frontier	1 lb	\$38.77
RF34233	Cardamom Pods, Whole, Green, Frontier	1 lb	\$32.76
RF34110	Celery Seed whole, Frontier	1 lb	\$4.04
RF00477	Chia Seeds, Nutiva	3 lbs	\$23.01
RF34117	Coriander Seed whole, Frontier	1 lb	\$3.72
RF34116	Coriander Seed ground, Frontier	1 lb	\$5.68
RF34119	Cumin Seed whole, Frontier	1 lb	\$8.51
RF34118	Cumin Seed ground, Frontier	1 lb	\$9.28
RF28389	Fennel Seed whole, Frontier (org)	1 lb	\$10.63
RF34121	Fennel Seed whole, Frontier	1 lb	\$5.61
RF00602	Flax Seeds Golden (org)	25 lbs	\$45.43
BH00602	Flax Seed Golden (org) (rpk)	5 lbs	\$9.56
RF02515	Flax Seeds Brown (org)	25 lbs	\$41.88
BH02515	Flax Seed Brown (org) (rpk)	5 lbs	\$8.82
RF44208	Hemp Seeds (Manitoba Harvest) (org)	1 12 oz pkg	\$13.35
RF05551	Hemp Seeds (Manitoba Harvest) (org)	5 lbs	\$47.44
RF41135	Hemp Seeds, Shelled (Nutiva) (org) SALE PRICE!!!	1 13 oz pkg	\$11.01
RF34143	Poppy Seeds whole, Frontier	1 lb	\$6.57
RF02499	Pumpkin Seeds Raw (org)	27.5 lbs	\$123.36
BH02499	Pumpkin Seeds Raw, (org) (rpk)	5 lbs	\$23.61
RF60332	Sesame Seeds, white, hulled, Bob's Red Mill	4 16 oz pkgs	\$19.83
BH60332	Sesame Seeds, white, hulled, Bob's Red Mill	1 16 oz pkg.	\$5.22
RF02532	Sunflower Seeds Raw, Shelled (org)	25 lbs	\$78.18
BH02532	Snflwr Seeds Raw, Shld (org) (rpk)	5 lbs	\$16.46

Nuts

RF03504	Almonds	5 lbs	\$28.26
RF03506	Almonds (org)	5 lbs	\$49.48
RF00196	Cashews Whole Raw	5 lbs	\$59.56
RF03549	Cashews Whole Raw (org)	5 lbs	\$69.24
RF03514	Cashew Pieces	5 lbs	\$45.03
RF03533	Pecan Halves	5 lbs	\$65.12
RF03542	Walnuts shelled	5 lbs	\$46.34

Herbs and Spices

RF28392	Sweet Basil c/s, Frontier (org)	1 lb	\$17.41
RF34109	Cayenne 35000HU, Frontier	1 lb	\$6.41
RF34175	Chili Powder Fiesta, Frontier	1 lb	\$8.90
RF34114	Cinnamon Stick whole, Frontier	1 lb	\$7.02
RF33942	Cinnamon Ground (org), Frontier	1 lb	\$6.29
RF28399	Cloves, Ground, Frontier (org)	1 lb	\$28.20
RF28368	Cloves whole, Frontier (org)	1 lb	\$26.72
RF34178	Curry Powder, Frontier	1 lb	\$10.03
RF28325	Dill Weed c/s, Frontier (org)	1 lb	\$22.65
RF34124	Garlic Flakes, Frontier	1 lb	\$7.35
RF34125	Garlic Granulated, Frontier	1 lb	\$7.35
RF34126	Garlic Powder, Frontier	1 lb	\$6.88
RF34438	Ginger Crystalized, Frontier	1 lb	\$9.35
RF01178	Ginger Powder, Frontier Fair Trade	1 lb	\$21.39
RF28518	Herbes de Provence, Frontier	0.8 oz	\$3.78
RF34180	Italian Seasoning, Frontier	1 lb	\$9.16
RF03627	Kelp, Granulated; Frontier (org)	1 lb	\$9.36
RF34133	Onion Flakes white, Frontier	1 lb	\$6.14

RF34134	Onion Granules, white, Frontier	1 lb	\$6.77
RF28343	Onion Powder, white, Frontier (org)	1 lb	\$9.56
RF34136	Oregano Leaf, Meditrn, Frontier	1 lb	\$11.11
RF34295	Oregano Leaf, c/s, Frontier(org)	1 lb	\$14.63
RF34359	Parsley Leaf Flakes, Frontier (org)	1 lb	\$16.76
RF01185	Pepper Black Medium Grind, Frontier (org)	1 lb	\$12.57
RF01187	Peppercorns Blk Whl, Frontier (org)	1 lb	\$12.08
RF28347	Rosemary Leaf whole, Frontier	1 lb	\$9.30
RF34147	Thyme Leaf, Frontier	1 lb	\$8.22
RF01189	Tumeric, ground, Frontier (org)	1 lb	\$12.82
RF34148	Tumeric, ground, Frontier	1 lb	\$6.61
	Other seasonings available on request		\$0.00

Broth & Bouillion

RF37552	Better Than Bouillion Beef Base (org)	6 8 oz	\$36.50
BH37552	Better Than Bouillion Beef Base (org)	1 8 oz	\$6.40
RF37550	Better Than Bouillion Chicken Base (org)	6 8 oz	\$36.50
BH37550	Better Than Bouillion Chicken Base (org)	1 8 oz	\$6.40
RF37553	Better Than Bouillion Mushroom Base (org)	6 8 oz	\$36.50
BH37553	Better Than Bouillion Mushroom Base (org)	1 8 oz	\$6.40
RF37551	Better Than Bouillion Vegetable Base (org)	6 8 oz	\$36.50
BH37551	Better Than Bouillion Vegetable Base (org)	1 8 oz	\$6.40
RF39029	Better Than Bouillion Turkey Base (org)	6 8 oz	\$36.50
BH39029	Better Than Bouillion Turkey Base (org)	1 8 oz	\$6.40

Beverages

RF28292	Good Earth Original Decaf Tea	6 pkgs	\$29.75
BH28292	Good Earth Original Decaf Tea	1 pkg	\$5.59
RF25806	Tazo Black Chai Tea (org)	6 pkgs	\$23.02
BH25806	Tazo Black Chai Tea (org)	1 pkg	\$4.33
RF32171	Manitoba Hvst Hempbliss Orig. (Org)	12 32 oz	\$53.41
RF26255	Pacific Almond Bev Original Unsw (org)	12 32 oz pks	\$35.17
RF66178	Rice Dream Original Enriched (org)	12 32 oz	\$41.71
RF23019	R.W. Knudsen Organic Pear Juice	12 32 oz	\$54.05
RF23415	Santa Cruz Juice - Lemonade (org)	12 32oz	\$36.88

Miscellaneous Grocery

RF77220	Shelton's Turkey Franks	6 12 oz pkgs	\$21.73
RF20417	Bragg Apple Cider Vinegar	1 gal	\$17.65
RF19522	Bob's Red Mill Farina Brn Rice (wf/gf)	4 26 oz pks	\$17.44
RF35354	Lundberg Brown Rice Cakes (org) SALE PRICE!!!	12 8.5 oz pkgs	\$37.59
RF26583	ArrowHead Mills Peanut Butter Crnchy (org)	12 16 oz	\$68.03
RF04578	Muir Glen Whole Peeled Tomatoes (org)	12 28 oz	\$37.61
RF04559	Muir Glen Pizza Sauce (org)	12 15 oz	\$26.17
RF56820	Nutrition Now Acidophilus PB8 SALE PRICE!!!!	120 caps	\$14.75
BH123456	Milling Fee \$2.00 per 5 lb bag	1	\$2.00
RF56178	Kiss My Face Deodorant - Lavender	2.48 oz	\$4.77
RF54958	Kiss My Face Moisturizer - Unscented	16 oz	\$9.54
RF26710*	Yummy Earth Lollypops (org) ** SALE PRICE!!!	25 lbs	\$166.25
BH26710*	Yummy Earth Lollypops (org) ** SALE PRICE!!!	2 lbs (70 ct)	\$14.00

Equipment **			BH Discount Price
FF7324	5 Gallon Bucket with Gamma Seal Lid*		\$16.90
MUM6N10UC	Bosch Universal Plus w/Cookie Paddles		
MILLMIXER	Bosch Universal Plus + Nutrimill COMBO PRICE	\$20.00 savings	Please call or e-mail
KRMUZ6MX3	Bosch Universal Blender*		for prices on Bosch
KRMUZ6TS5	Bosch Slicer Shredder - With Free Mini Dough Hook!!		Nutrimill and L'Equip
KRMUZ6MM3	Bosch Food Processor *		Products.
KRMUZ6CP2	Bosch Cookie Paddles w/Metal Driver*		gail@bethlehemharvest.com
MUZ6DB2	Bosch Universal Batter Whips		281-992-1372
MUZ6BS1	Bowl Scraper		
KRMUZ6ZP1	Stainless Steel Bowl		Please call or e-mail
MUZ6FS4	Flour Sifter for Universal Plus		for prices on Bosch
MUZ6FS3	Flour Sifter for Older Universal		Nutrimill and L'Equip
KR760200	Nutrimill Grain Mill*		Products.
KR760280	Fresh Flour Bagger		gail@bethlehemharvest.com
KR760285	Replacement Flour Bags	10 bags	281-992-1372
KR306700	L'Equip Stick Blender		
KR631100	BRK Pressure Cooking Set (20 cm, 3L & 5.5L) JANUARY SALE!!!		
KR631124	BRK Pressure Cooking Set (24 cm, 4 L & 7 L) JANUARY SALE!!!		
NP1056	Norpro Hand Mill/Flaker		
NP3950	Norpro Non-Stick Bread Pan (10x4.5)		
NP3849	Stainless Steel Bread Pan (4.5 x 8.5)		\$8.65
NP3865	Stainless Steel Jelly Roll Pan (15 x 10)		\$14.83
NP3862	Stainless Steel Cookie Sheet (16 x 12)		\$14.83
NP3656	Canape Bread Molds (flower, heart, star)		\$13.23
NP1194	Kleve Bread Knife		\$11.90
NP291	White Porcelain Butter Keeper		\$6.64
RF61614	Unbleached Parchment Paper (org)	12 71 ft	\$64.53
BH61614	Unbleached Parchment Paper (org)	1 71 ft	\$5.66
BH2010	Healthy Recipes from the Heart of our Homes*	1	\$23.00
KR900010	Sensible Cooking Cookbook*	1	\$12.99

* Shipping included on Bosch and Nutrimill purchases

** Equipment purchases subject to state and local sales tax

(rpk) Repackaged by Bethlehem Harvest

All Prices are subject to change without notice